

KATALINA TOTH

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EDUCATION

Harvard University, *Summa Cum Laude with highest departmental honours* 2021-25

Government and French Joint Concentration; Psychology Secondary cGPA 4.0/4.0

- Sophia Freund Prize (\$1,000): awarded to the students graduating *summa cum laude* who also have the highest overall grade point average
- Eric Firth Prize (\$600): Government Department thesis prize for “the best essay on the subject of the ideals of democracy”
- Phi Beta Kappa Junior 24 (24 students in the class of 2025, based on academic merit, breadth and depth of coursework, and departmental recommendation)
- John Harvard Scholar (top 5% of class), 2022, 2023, 2024, 2025
- Detur Book Prize: awarded for outstanding academic merit in first 3 semesters

Marianopolis College 2019-21

- Lieutenant-Governor’s Medal, student best exemplifying community leadership
- English Prize, top graduating student out of 1,000
- Philosophy Prize, top graduating student
- Director General’s Merit Scholarship, top 5 of 1,000 entering students

PUBLICATIONS AND PROFESSIONAL PRESENTATIONS

1. Martino, R. M., Gonzalez, B., Toth, K., Wade, C. & Hatzenbuehler, M. L. (2025). *Stigma and Emotional Processing: Evidence from a Systematic Review*. Society for Affective Science Annual Meeting, Portland, OR.
2. Toth K, Smith D, Giroux D (2018) *Indigenous Peoples and Empowerment via Technology*. First People’s Child & Family Review, 13(1): 16-28.
3. Toth K, Judson P, O’Driscoll GA. (2016) *A study of the effects of moving meditation on attention in young adolescents*. Shaping Student Mindsets: Learning and the Brain Conference. Presenter, Learning and the Brain Conference, San Francisco CA, Feb 13 2016.

RESEARCH EXPERIENCE

Harvard Institute for Quantitative Social Sciences 2025-present

Supervisor: Prof. Gary King

Pre-Doctoral Research Fellow on study of **conspiracy theory activity** on social media, and on **survey instability** eye tracking study. Role: creating experiment in Javascript, recruiting participants, analyzing data in R, reviewing literature.

Harvard Weatherhead Center for International Affairs 2024-25

Supervisor: Prof. Antonia Maioni

Honours Thesis analyzed the development and evolution of **Indigenous health policy and its effect on health outcomes**, employing primary and secondary sources and archival materials.

- Harvard Psychology Department Biopsychosocial Effects of Stigma Lab** 2023-24
 Supervisor: Prof. Mark Hatzenbuehler
Research Assistant on project studying the effects of variations in **state-level legal protections for stigmatized populations** on health outcomes.
Co-Investigator on study of predictors of alcohol misuse after exposure to stigma in sexual violence survivors. Role: Reviewing literature, interrogating data in R.
- Harvard Institute for Quantitative Social Sciences** 2023-24
 Supervisor: Prof. Gary King
Research Assistant on study of communication norms in scientific communities and the impact on the **spread of information and disinformation**. Role: Reviewing literature, interrogating data in R, and presenting written reports.
- Harvard Kennedy School of Government** 2022-23
 Supervisor: Prof. Jennifer Lerner
Research Assistant on study delivering and assessing an intervention to **improve mental health in Head Start teachers** and staff. Role: Data collection, communicating with participants, coding qualitative data, maintaining databases, analyzing data.
- Harvard Global Health Institute & University of Chicago Health Lab** 2022
 Supervisor: Dr. Rebecca Neusteter
Summer and Fall Intern on two projects: 1) Transform911, developing new methods to **respond to mental health 911 calls with behavioral teams** with specialized training, and 2) CTIME, a project to **support previously unhoused individuals with serious mental illness** in the transition to long term housing. Recruited participants, conducted mental health histories, reviewed literature, collected and analyzed data, and prepared reports and media for presentations for local, state and federal policymakers.
- Harvard University, Center for European Studies** 2022-23
 (Supervisor: Prof. Christie McDonald)
Research Assistant studying **the effects of climate change on water resources in vulnerable communities**. Reviewed literature, preparing annotated bibliography related to climate change and water accessibility in vulnerable populations
- McGill University, Human Motivation Lab** 2020-22
 (Supervisor: Prof. Richard Koestner)
Research Assistant: **Mental health and the pandemic in minority communities**. Contributed hypotheses and items to a questionnaire administered to 350+ participants. Produced online media providing vaccine information for the Black Community Resource Center, and reporting study findings.
Summer Intern: **COVID-19 and Big 5 personality factors in risk and resilience**

Reviewed literature, proposed hypotheses and questions for on-line questionnaire investigating the role of personality, and autonomy, competence, and relatedness in relation to mental health outcomes in university students during the pandemic.

LEADERSHIP (selected)

Harvard International Review: Senior Editor 2024-25

Worked with executive team to select themes for issues, mentor new writers in developing articles, edit manuscripts for publication for on-line journal with international reach.

Editor and Staff writer. Proposed, researched, and wrote articles on policy issues 2021-24

Phillips Brooks House HARTZ Program: Co-Director 2024-25

Planned activities, recruited volunteers, organized staffing, purchased supplies, managed budget for weekly art and social animation program for elderly and disabled residents of the Cambridge Rehabilitation and Nursing Center.

Volunteer, providing weekly art activities and social animation 2021-24

Education Policy Team, Harvard Institute of Politics: Researcher 2021-22

Researched and produced weekly written reports for Mental Health America, a national non-profit advocating for people living with mental illness

Marianopolis Model UN team: President 2020-21

Developed training program for new members, including training materials, and coaching in writing position papers, and **led team to its first top 25 ranking among North American Colleges and Universities**, in official ranking by Best Delegate. Served as Head Delegate at national and international conferences. Director General of Model UN conference, recruited and trained staff, organized committees, developed online presence, coordinated registration.

Sacred Heart School of Montreal, Fashion Show: Designer/Creator 2019

Designed and created all 27 dresses using recycled textiles to highlight the environmental and human costs of fast fashion. Featured in local newspaper.

NATIONAL, PROVINCIAL and CITY-WIDE HONORS

Writing

- **1st in Canada (tie)** and 3rd in International Region for Writing Portfolio, Scholastic Art and Writing Awards, 2020
- **1st in province**, senior level: Quebec Association of Independent Schools, Essay Writing Competition, 2018
- **Best essay, city competition** (\$1,500): Olympes de la Parole Competition (sponsored by the University Women's Club of Montreal), 2018.

Public Speaking and Model UN

- **3rd in the province**, senior level, in the Quebec Association of Independent Schools *Art Oratoire* (French) Public Speaking Competition, 2018.

- Outstanding Delegate, McMUN (a top conference on the University circuit; used in official rankings of University Model UN teams: 1,600 delegates from across North America), 2021
- Chair, Committee on Women, ConMUN, international MUN competition, hosted by Concordia University, top 25 Model UN team in North America, 2021
Book Award, North American Model UN; voted Best Speaker by Committee members, 2020